

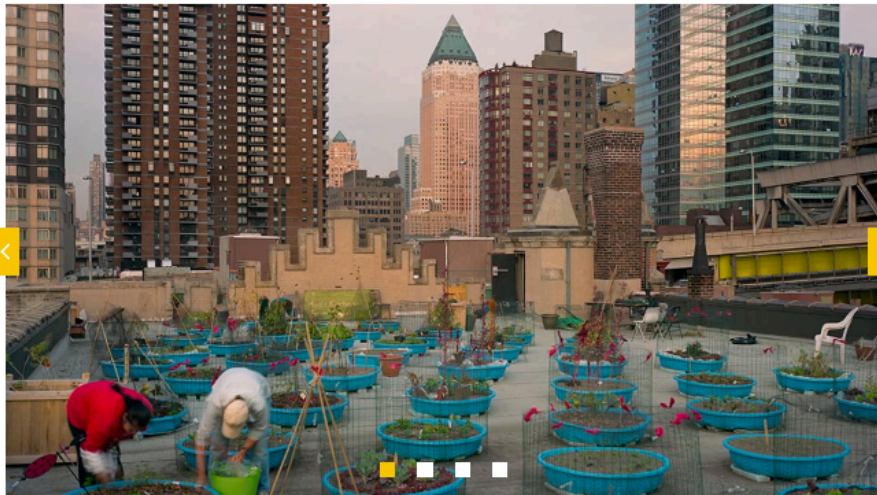


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## Five Borough Farm – urban farming, New York City, USA.

Back in the mid-1990s, New York City already experienced the first tentative tendrils of what would later grow into a major global movement: urban gardening. Here, amateur gardeners would transform derelict areas into **thriving plots** filled with fruit and vegetables, harvested and processed by the gardeners themselves.

But another aspect is just as important: These city gardens not only help raise lettuce and tomatoes, but also entire communities, turning allotments into fertile ground for a more conscious approach to life.



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Photo: Rob Stephenson / Courtesy of the Design Trust for Public Space



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